CLIC Week 1

Old Moat Primary School

Week One				
Monday	Tuesday	Wednesday	Thursday	Friday
meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish …				
Classic Margarita Pizza, *with Coleslaw & Home-made wedges* **Allergy Aware**	**Banger's 'N' Mash** *With Mashed Potato, seasonal vegetables, and Gravy or Beans* **Allergy Aware**	**Chicken and vegetable Curry** *With Steamed Rice* **Allergy Aware**	**Spaghetti Bolognese & Salad** **Allergy Aware**	**Chicken Burger** *With Salad and Coleslaw* **Allergy Aware**
halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish …				
Classic Margarita Pizza, *with Coleslaw & Home-made wedges* **Allergy Aware**	**Banger's 'N' Mash** *With Mashed Potato, seasonal vegetables, and Gravy or Beans* **Allergy Aware**	**Chicken and vegetable Curry** *With Steamed Rice* **Allergy Aware**	**Spaghetti Bolognese & Salad** **Allergy Aware**	**Chicken Burger** *With Salad and Coleslaw* **Allergy Aware**
vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish …				
Classic Margarita Pizza, *with Coleslaw & Home-made wedges* **Allergy Aware**	**Veggie Banger's 'N' Mash** *With Mashed Potato, seasonal vegetables, and Gravy or Beans* **Allergy Aware**	**Dhal vegetables and Rice** **Allergy Aware**	**Veggie Bolognese & Salad** **Allergy Aware**	**Veggie Burger** *With Salad and Coleslaw* **Allergy Aware**
alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish …				
Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**
alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish …				
Assorted freshly made sandwiches. **Allergy Aware**	Cheese Panini **Allergy Aware**	Assorted freshly made sandwiches **Allergy Aware**	Assorted freshly made sandwiches **Allergy Aware**	Spicy Chicken Wrap **Allergy Aware**
pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding …				
Selection of Fresh fruit, or yogurt, **Allergy Aware**	Chocolate Flapjack Selection of Fresh fruit, or yogurt, **Allergy Aware**	Selection of Fresh fruit, or yogurt, **Allergy Aware**	Selection of Fresh fruit, or yogurt, **Allergy Aware**	Chocolate Sponge & Custard Selection of Fresh fruit, or yogurt, **Allergy Aware**

Allergens If your child has any allergies or intolerances, please contact us to discuss your requirements in full

Week Two				
Monday	Tuesday	Wednesday	Thursday	Friday
meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish …				
Cheese & Onion Pie With Beans & Salad **Allergy Aware**	**All Day Breakfast** *2 Pork sausages, egg, Beans, and Hash Brown* **Allergy Aware**	**Lamb & Vegetable Keema curry** *With Rice or Naan Bread* **Allergy Aware**	**Roast chicken dinner** *With Roasted Potatoes, Vegetables, Gravy* **Allergy Aware**	**Fishfinger & Chip Fry-yay!** *With Chips & Peas, or baked beans* **Allergy Aware**
halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish …				
Cheese & Onion Pie With Beans & Salad **Allergy Aware**	**All Day Breakfast** *2 chicken sausages, egg, Beans, and Hash Brown* **Allergy Aware**	**Lamb & Vegetable Keema curry** *With Rice or Naan Bread* **Allergy Aware**	**Roast chicken dinner** *With Roasted Potatoes, Vegetables, Gravy* **Allergy Aware**	**Fishfinger & Chip Fry-yay!** *With Chips & Peas, or baked beans* **Allergy Aware**
vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish …				
Cheese & Onion Pie With Beans & Salad **Allergy Aware**	**All Day Breakfast** *2 Veggie sausages, egg, Beans, and Hash Brown* **Allergy Aware**	**Veggie Keema curry** *With Rice or Naan Bread* **Allergy Aware**	**Veggie Nugget dinner** *With Roasted Potatoes, Vegetables, Gravy* **Allergy Aware**	**Quorn Nuggets** *With Chips & Peas, or baked beans* **Allergy Aware**
alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish …				
Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**
alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish …				
Assorted freshly made sandwich rolls. **Allergy Aware**	Cheese Panini **Allergy Aware**	Assorted freshly made Sandwiches **Allergy Aware**	Assorted freshly made sandwiches **Allergy Aware**	Fish finger Sarnie **Allergy Aware**
pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding …				
Selection of Fresh fruit, or yogurt, **Allergy Aware**	Vanilla short bread Selection of Fresh fruit, or yogurt, **Allergy Aware**	Selection from Fresh fruit, yogurt, **Allergy Aware**	Selection of Fresh fruit, or yogurt, **Allergy Aware**	Jelly Selection of Fresh fruit, or yogurt, **Allergy Aware**
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Week Three				
Monday	Tuesday	Wednesday	Thursday	Friday
meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish … meat dish …				
Maccaroni Cheese *With Broccoli & Spinach* **Allergy Aware**	**Beef Chilli With Rice** **Allergy Aware**	**Jerk Chicken or Barbecue Chicken** *With Coconut Rice & Peas* **Allergy Aware**	**Pork Meatballs With Spaghetti** **Allergy Aware**	**Beef Burger With Corn on the Cob & Salad** **Allergy Aware**
halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish … halal dish …				
Maccaroni Cheese *With Broccoli & Spinach* **Allergy Aware**	**Beef Chilli With Rice** **Allergy Aware**	**Jerk Chicken or Barbecue Chicken** *With Coconut Rice & Peas* **Allergy Aware**	**Chicken Meatball With Spaghetti** **Allergy Aware**	**Beef Burger With Corn on the Cob & Salad** **Allergy Aware**
vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish … vegetarian dish …				
Maccaroni Cheese *With Broccoli & Spinach* **Allergy Aware**	**Veggie Chilli With Rice** **Allergy Aware**	**Vegetable Quiche** *With Coconut Rice & Peas* **Allergy Aware**	**Veggie Meatballs With Spaghetti** **Allergy Aware**	**Veggie Burger With Corn on the Cob & Salad** **Allergy Aware**
alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish …				
Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**	Jacket Potato with Assorted fillings * Daily Salad Bar / Selection **Allergy Aware**
alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish … alternative dish …				
Assorted freshly made sandwiches. **Allergy Aware**	Cheese Panini **Allergy Aware**	Assorted freshly made sandwiches **Allergy Aware**	Cheese Panini **Allergy Aware**	Assorted freshly made sandwiches **Allergy Aware**
pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding … pudding …				
Selection of Fresh fruit, or yogurt, **Allergy Aware**	Chocolate shortbread Selection of Fresh fruit, or yogurt, **Allergy Aware**	Selection of Fresh fruit, or yogurt, **Allergy Aware**	Selection of Fresh fruit, or yogurt, **Allergy Aware**	Jam & Coconut Sponge With Custard Selection of Fresh fruit, or yogurt, **Allergy Aware**
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